



Salt Spring Island & Mayne Island Branches

GIFT EXCHANGE

1st Quarter, 2014

Issue 72



This is the original heart poster board that Art, Linda and I slowly painted with a small water colour brush in acrylic paint over a period of a few days or a week in Jan - Feb. 1992. at the Fernwood Community Garden. In Victoria

My vision was to visualize a big heart
and manifest it in the community.
We painted it by candlelight in the bus I lived in
and upon it's completion
the St.Valentine's Day event
became reality.

.. **The Birthday of the Human Exchange ...**

I have kept it for all these years and photographed it in my back yard Dec.14th last year.
The brush strokes of the three of us can be seen in the body of the heart, the beginnings of the V.H.E.S.
Children added little decorations to it at the Event. This is a real treasure and powerful medicine that gave us
hope that something would be done during those dark days after Larry Baker died out in the cold.

Art can change the world, and we did.
Stephen ~ ♥

Sincere thanks to:

- ◆ **Margaret Mary B** for financial gifts and many other kindnesses. **Irene C.**, newsletter distribution.
- ◆ **Thrifty Foods Smile Card** for regular funds; **Country Grocer** for grocery tape rebates (thanks to all who contribute the tapes.)
- ◆ **Neddy of the Land Bank** for support; **the SS Isl. Foundation** for all your encouragement.
- ◆ **Mark S.** monthly financial support for mental health consumers.
- ◆ **Jordan L. Grandma's house Facilitator,**

MAYNE ISLAND BRANCH - More Info: 250-539-5310

- ◆ **Mayne Island Thrift Store & Agricultural society; St Mary Magdalene Church**
- ◆ **Pauline M.** For kindly delivering gifts for Christmas celebration
- ◆ **MonicaWorks** and **Lina B.** For your web-site and accounting work for the VHES
- ◆ **Joyce K.** for veggies, cards, calendars & much thoughtfulness. **Gulfport** mail drop.

VHES, Box 8534, Victoria BC V8W 3S1 Pager Outside Victoria : 1-800-691-9366
www.humanx.org

Every Meeting of persons can be an exchange of life's gifts – a Human Exchange.