



## Salt Spring Island & Mayne Island Branches

# GIFT EXCHANGE

1st. Quarter , 2010

Issue 56

### **News from Bittancourt Manor:**



Our numbers are growing to the point that we have asked the Owner for the suite she no longer uses so that the Facilitator can move in there leaving the other 4 rooms available for those who apply. This is truly a healing place where women grow and forget the darkest periods of their lives as they prepare for a better future. We are so grateful for all the individuals and groups and of course the Owner for supporting this house and doing improvements all the time. We look forward to Alpine Insulation coming to make the house warmer materially though we feel it's very warm in loving hearts that work together. We

especially thank the Salt Spring Foundation; The Island Opportunity Group and the CWL and OLOG. Margaret B. and Irene C. continue to donate thoughtful gifts for the house.

Thanks to *everyone* who supports Bittancourt Manor.

Kim M. Facilitator

Don't forget to use your Smile Card when shopping at Thrifty Foods More are available to people who wish to help VHES Houses. AND remember to donate your grocery tapes to VHES when shopping at the Country Grocer. We are very grateful to these two businesses.

### **News from Grandma's House**

Grandmas is full to overflowing and always has a waiting list The AA fellowship has met at Grandma's for social evenings including a Christmas turkey meal. Thanks to Naomi of SSI Community Services for giving support in this regard.

The men are grateful for gifts that people bring such as household supplies and toiletries. They would also appreciate phone cards as the phone is toll restricted and some of them have relatives or work possibilities off Island. Thanks to OLOG CWL for recent gifts.



**On Mayne Island:** With new funding sources this year, we plan to again hold Retreat Days in the Chapel in the early summer at which occupants of the Houses can learn life skills and conflict resolution skills that will assist them in communal living in the Houses and in their future lives. Also Board and Facilitator training Days.

Goods that can be used by families may be left at 313 Mariners Way.

Phone: 539-5310 on Mayne Island or page 1-800-691-9366 from elsewhere.

### **SSI Island Branch: Our Sincere Thanks To:**

- **Neddy of the Land Bank Society** for arranging to have work done on the Bittancourt driveway and parking lot.
- **Counselors and staff of SS Community Services Society** and the **Salt Spring Transition House** for networking with us and for supporting our occupants.
- **Island Opportunity Group** for paying for Duvets to keep the women warm while they await the insulating of the old house: Bittancourt Manor.
- **Dave from Alpine Insulation** for journeying over to give us an estimate.
- **Margaret B.** for *increased* financial support; and for supplies for the Houses.
- **Irene C.** for continued gifting of bedding and other needed items for the houses and for distributing newsletters and collecting Country Grocer tapes..
- Financial Gifts from **Mark S.** for monthly gift for people with mental illness and **Chris H.** of Sidney, in loving memory of Gillian Shirreff-Harker, who passed into spirit in November, '09.
- **Thrifty Foods** for ongoing funds; **GVM** for discounts/ grocery tape program. **The Food Bank** for being there for those who need it.
- **Rachel, Herb and all volunteers at Salt Spring Literacy** for offering to bring books and the Internet to people living in poverty. **Imagen** for much support.
- Our dedicated **Landlords** for their co-operation and generosity. Our Facilitators and occupants for your hard work on the day to day issues. Thanks **Steve** for use of your truck and for assisting with repairs.

### **Mayne Island Branch: Our Sincere Thanks To:**

- **Bob S** and **Bonnie S** for more welcome gifts to Salt Spring Houses and to Mayne Islanders.
- **Carol** who gifted us with linen and towels when closing the Mayne Exchange.
- **Myra and Warren C** for further clothing. Blessings on your future away from Mayne Island.
- Financial Gifts from **Yvette B; Laszlo B., Pat R.** and **Chapel users.**
- **Pat R.** for gifts of many kinds delivered to the door.
- **Marg. B.** for offer of linens and mattresses.
- **Anne and Bernard R.** for a Sony Trinitron Television in excellent condition.
- **Joyce K.** for continued gifts of veggies and fruits and frozen meat.
- **MonicaWorks** for maintaining our Web-site and patience in waiting for payment.
- **Lina B.** for supporting our endeavours and waiting for her fees for expertise to arrive.
- **Joanna W.,** and the **Mayne Isl. Thrift Store** for many gifts of blankets and linen.

All who have dropped off goods anonymously or whom we missed. **We thank you all.**

In the Gulf Islands, Monetary gifts (With memo re usage) may be mailed to:

**VHES Box 8534, Victoria BC, V8W 3S1**

Email: [grandmas@saltspring.com](mailto:grandmas@saltspring.com) Outside Victoria Society pager: **1-800-691-9366** [www.humanx.org](http://www.humanx.org)  
Patricia's Cell: **250-920-5056**